# Why my interest?

- Quality assurance
- Systems review
- Communication
- Morbidity & mortality 4Hs and 4Ts, Anaphylaxis

## Aims of Presentation - Sept 2013

- Highlight issues related to CVAD at RPA
- Summarise NSW Health Policy Standard
- Review existing procedures in light of these guidelines

Consider implementing a central line booking form

Consider using the CVAD insertion form

Consider auditing central lines at RPA

Consider developing a working group with other departments

### **Policy Directive**



Department of Health, NSW 73 Miller Street North Sydney NSW 2060 Locked Mail Bag 961 North Sydney NSW 2059 Telephone (02) 9391 9000 Fax (02) 9391 9101 http://www.health.nsw.gov.au/policies/

#### Central Venous Access Device Insertion and Post Insertion Care

Document Number PD2011\_060

Publication date 22-Sep-2011

Functional Sub group Clinical/ Patient Services - Surgical

Clinical/ Patient Services - Medical Treatment Clinical/ Patient Services - Nursing and Midwifery

Clinical/ Patient Services - Governance and Service Delivery

Population Health - Infection Control

Summary To minimise complications from the insertion, management and access of

central venous access devices (CVADs) and to reduce central line associated bacteraemia blood stream infections in NSW Health facilities.

Author Branch Clinical Safety, Quality and Governance

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Applies to Local Health Districts, Speciality Network Governed Statutory Health

Corporations, Board Governed Statutory Health Corporations, Chief Executive Governed Statutory Health Corporations, Government Medical

Officers, Public Health Units, Public Hospitals

Audience Hospital administration, nursing, medical, surgical, clinical governance,

clinical staff

**Distributed to** Public Health System, Divisions of General Practice, Government

Medical Officers, NSW Department of Health, Private Hospitals and Day

Procedure Centres, Tertiary Education Institutes

Review date 22-Sep-2016

**Policy Manual** Patient Matters

File No. 07/9113
Status Active

#### **Director-General**

This Policy Directive may be varied, withdrawn or replaced at any time. Compliance with this directive is **mandatory** for NSW Health and is a condition of subsidy for public health organisations.

## NSW Dept Policy on CVADS

- Monitoring
- Ultrasound use (NB remember anatomy too)
- Chlorhexidine (?2 or 0.5%) in alcohol 70%
- Confirmation of venous access ultrasound / manometer / blood gas
- Dilator insertion
- Guide wire removal and documentation
- Swabable capless valves
- Tip position (SVC, carina on CXR)
- Routine replacement of lines not supported
- CVAD insertion record (aids effective communication)



### TRAINING FRAMEWORK for clinicians new to inserting CENTRAL LINES in NSW







## What have we refined?

- Booking form
- Central line packs
- CVADs stocked (minimise, safer)
- CVAD insertion form
- Audit
- ?working group (interested colleagues)

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	Consent Time Out Coags Pacemaker Gestational age:					
	ICU/HDU OT ED	Radiology Ot	her:			
	Local Sedation GA Monitoring: ECG SpO <sub>2</sub> BP CO <sub>2</sub>					
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	Prep: alcoholic chlorhex /	Full sterile dr	raping Asepsis maintained	throughout	IS BREACHED	
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966 LING	Lumens: CVC PICC Vascath Other type / site:					
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For audit Purposes (at removal)

SMR090.200

## Audit

- Massive Thank You
- 2014 200 forms; last 3 months 2013 40 forms
- Presented data biased towards those most likely to complete CVAD insertion forms

# Proceduralist

RMO

Specialist

Fellow

Registrar

# Anaesthetic

Local+/-Sedation

GA

## Ultrasound

Venous access confirmed prior to dilation in 100%

99% with ultrasound

1% with transducer

Ultrasound reported used in 99.5% of insertions.

# CVAD type

Cavafix Duo Vas Cath

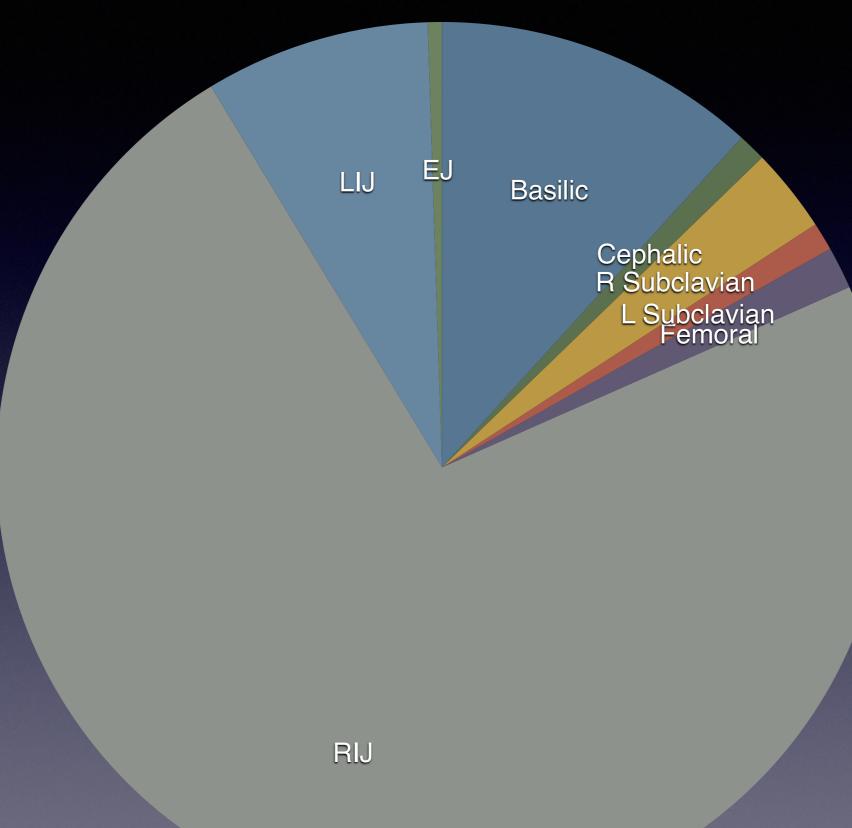
PICC 2

PICC 1

CVC 4

CVC 3

## CVAD insertion site



## CVC Catheter Length

16 cm 28%

20 cm 72%

### Potential benefits of 16cm vs 20cm CVC

• Shorter wire (45cm vs 60cm)

Less ectopics with lower risk of cardiac arrest

Decreased risk of damage to vessel and myocardium (tamponade)

Potential decreased contamination risk

- Potential for 2 point fixation if sutured to hilt at 16cm.
- Less line from clip fixation point potentially less likely to be pulled out
- Cheaper (\$40 vs \$41)
- Less environmental wastage

## Vas Cath Insertion Position

Not recorded Femoral

LIJ

RIJ

# Tip position

Carina

SVC/RA

Acceptable
RA

Malpositioned

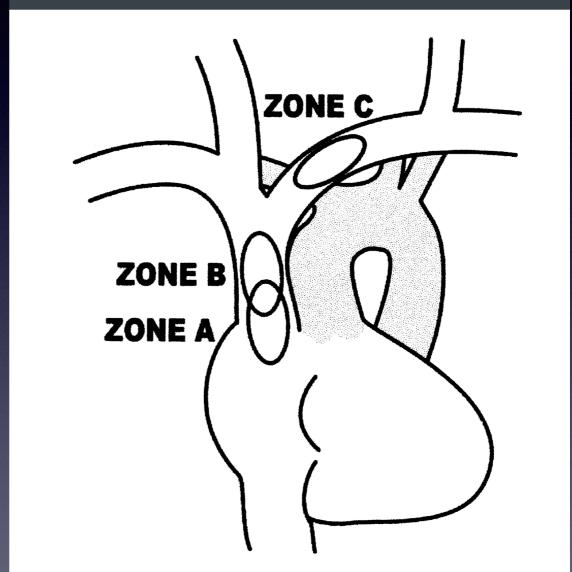
SVC

# Tip position

- BJA Aug 2000. Editorial: Increased tamponade if too distal or perpendicular to vessel wall <u>vs</u> increased thrombosis, phlebitis, embolism, CRBSI, extravasation if too proximal.
- Lack of reliable surface landmarks.
- CXR carina 3.5cm higher than SVC/RA junction. Does not exclude extra vascular site or if in small vessel.
- Right atrial electrocardiography can only tell when tip in RA
- Image intensifier very useful, but not available routinely

# Tip position

- Zone A (low SVC/upper RA), suitable tip location for lines accessed from upper body
- Zone B (upper SVC), suitable for tips from RIJ lines
- Zone C (mid point left innominate vein) suitable for tips from LIJ or L subclavian



**Fig 1** Stylized diagram of heart and great veins. Angles may be more acute *in vivo*.

# Central line tip position

- NSW CVAD guidelines It is reasonable to expect that a CVC tip should be:
- 1. in the superior vena cava
- 2. above the cephalic limit of the pericardial reflection
- 3. at a level corresponding to the carina on a chest radiograph





## Safety Notice 003/09

#### **11 February 2009**

### Intravenous Amiodarone

Reducing the incidence of thrombophlebitis associated with intravenous administration.

#### Distributed to:

- Chief Executives
- Directors of Clinical Governance
- Directors of Clinical Operations

#### Action required by:

 Directors of Clinical Governance

### We recommend you also inform:

- Directors of Emergency Medicine
- Directors of Medical Services
- Directors of Ambulance Services
- Directors of Intensive Care
- Cardiologists
- Directors of Nursing and Midwifery
- Medical staff
- Nurses
- Pharmacists

#### **Background**

Amiodarone is a medication used to treat cardiac tachyarrhythmias. Often in cases of severe cardiac arrhythmia, amiodarone is administered by the intravenous route, and care is required when administering amiodarone intravenously due to potential adverse effects.

Thrombophlebitis is a common reaction that may occur when intravenous amiodarone is administered peripherally at high concentrations or repeatedly or when continuous peripheral administration is required. Whilst this adverse effect is quite commonly observed, it can be avoided.

#### **Harm to Patients**

Systematic analysis of incidents involving amiodarone reported via the Incident Information Management System (IIMS) identified a significant number were attributed to the incorrect administration of intravenous amiodarone resulting in thrombophlebitis and considerable pain for the patient. The main contributing factors to the development of thrombophlebitis were administration of amiodarone peripherally at a concentration which was too high, repeated or continuously administered. A number of incidents also identified additional complications such as infection.

#### Steps to minimise harm associated with intravenous amiodarone

- For peripheral administration (single dose) of amiodarone, dilute amiodarone in glucose 5% (to a maximum of 2mg/mL except in emergencies) and infuse via a volumetric pump over a period of at least 20 minutes up to, but no more than, 2 hours. If giving higher concentrations, use a central/PICC line.
- A central venous catheter or a large bore peripheral catheter (18g or above), inserted via the cubital fossa should be used if repeated administration or continuous infusions of amiodarone are required.
- Amiodarone administered intravenously over 1-2 minutes, should only be used in emergency situations.
- Amiodarone should only be administered where cardiac monitoring and defibrillation are available.

## Future CVAD review

- Indications for line insertion (e.g. Amiodarone)
- CVAD booking form forms committee
- Allocating resources (e.g. haematology patients)
- Which department which CVAD (e.g. left Vas Cath)
- Improve overall education (e.g. air emboli on removal)
- Working party review of significant CVAD issues
- Future audit Time from booking to insertion. Fasting times.
   Post insertion complications especially CLABSI.